Vancouver
Pre/Post Cruise

Your adventure starts here

VISIT VANCOUVER

At a glance

Guided city tour
World-class cuisine
Stunning views
Outdoor adventure

Vancouver is much more than a gateway to Alaska, it's a destination all on its own. If you have a couple of days to spare before (or after) your cruise, this itinerary will guide you around the bustling neighbourhoods and beautiful natural setting that make this city so special.

DAY ONE

Take it all in

Whether you are arriving in Vancouver before or after your cruise, **Landsea Tours & Adventures** and **Westcoast Sightseeing** offer a variety of options to fit in with your schedule. If you are staying a while, the **Post-Cruise North Shore Mountain Discovery Tour** by Landsea is a great way to get out and enjoy the stunning scenery that surrounds Vancouver.

After arranging your pick up, your tour guide will take you over the iconic Lions Gate Bridge to **North Vancouver**. Here the **Capilano Suspension Bridge Park** awaits you. Cross the suspension bridge and walk among the treetops of old growth rainforest before taking the Skyride up to **Grouse Mountain** to visit the mountain's resident orphan grizzly bear, Coola.

The city at your feet

Vancouver is one of North America's most walkable cities, so why not spend your afternoon on foot, exploring everything it has to offer? Start your journey in **Gastown**, the historic heart of Vancouver, before making your way to nearby **Chinatown** to experience the sights and smells of this 100-year-old neighbourhood.

Just a short stroll away is **Yaletown**, a former warehouse district that's been transformed into a bustling hub filled with fashionable boutiques, bars and some of the city's best restaurants.

Eat like a local

After wandering the neighbourhood and perhaps doing some people watching over a perfect cup of coffee, sit down to a superb seafood feast at **Blue Water Café** before enjoying a post-dinner craft beer at **Yaletown Brewing Co.**

INSIDER TIPS

- Don't let your luggage weigh you down. Store your stuff with **CDS Priority Baggage** at the **Vancouver International Airport (YVR)**. For an additional fee they also provide transfer services. **Westcoast Sightseeing** also offers luggage storage services at **Canada Place**.
- The Skytrain's Canada Line connects YVR right to the cruise terminal at **Waterfront Station**. It's a quick and scenic way to bring you from the airport to your cruise (or vice-versa) in only 26 minutes.
- Because Vancouver's downtown was built on a peninsula, it's very compact and walkable. Your hotel might be within walking distance — or even across the street — from Canada Place.

DAY TWO

Visit the locals

What better way to start your Vancouver adventure than by spending time with some of our best known inhabitants? Companies including **Prince of Whales**, **Wild Whales Vancouver**, **Vancouver Whale Watch**, and **Seabreeze Adventures** offer intimate tours whisking you out onto the sparkling waters of the Gulf of Georgia where you might see orcas, humpback whales, minke whales, grey whales, porpoises, seals, sea lions, eagles, and a variety of seabirds.

Explore downtown

Once you're back on dry land, take some time to freshen up before heading out to explore Vancouver's bustling downtown peninsula. Stroll over to the high-end shopping hub around **Robson** and **Burrard** streets. There you'll find flagship luxury stores, upscale department store **Holt Renfrew**, and the **CF Pacific Centre**, a downtown mall filled with world-renowned brands.

If you have time, venture a few blocks over to browse the upscale boutiques that line **Alberni Street**, or jump on a bus and head to **Park Royal** in **West Vancouver**, a semi-outdoor shopping centre full of exciting outlets and great brands.

Dine in style

This evening you'll enjoy dinner in the heart of **Downtown Vancouver**. The city centre bustles with vibrant energy and an upscale after-work crowd. Whether your evening calls for fresh fare at an Instagram-worthy lux patio at **Glowbal**, or perfect steaks in a traditional setting at **Hy's Steakhouse & Cocktail Bar**, refined French cuisine at **Le Crocodile**, or contemporary Canadian dining at **Hawksworth Restaurant**, there's something for every taste and occasion.

DAY THREE

Discover Vancouver

This morning you'll get a snapshot of our city with **Discover Vancouver Tours**. This ultimate city experience will guide you around both the highlights and the hidden gems with the help of an expert tour guide.

The tour begins at **Canada Place** and **Jack Poole Plaza**, where you will see the **Olympic Cauldron**. Then you will explore **Stanley Park**.

The tour will then take you through the **West End's** trendy neighburhood and the beach at **English Bay**, where you'll get a sense of the land.

You will then visit **Granville Island** for a brief tour of this little oasis in the heart of our city.

Up, up and away

After seeing the city from ground level, this afternoon you'll take to the air aboard a **Harbour Air** floatplane for a panoramic sightseeing tour of the city. This quintessential Vancouver experience offers spectacular aerial views of the city's bustling downtown skyline as well as iconic landmarks including **Stanley Park**, the **Lions Gate Bridge** and the **North Shore Mountains**.

After landing back at the floatplane terminal, take some time to stroll around the seawall at **Coal Harbour**. Located on the eastern edge of the downtown peninsula, the area offers stunning views alongside a host of independent stores and cafes.

Dinner with a view

You'll stay in the area for dinner, where there are several excellent options nearby. For memorable waterfront views, head to **Lift Bar Grill View** or **Cardero's Restaurant** in Coal Harbour, where you can enjoy Pacific Northwest fare alongside sweeping harbour scenery—especially beautiful at sunset. If you prefer to stay within easy walking distance of Canada Place, **Nightingale** offers vibrant, shareable plates in a stylish setting, while **Per Se Social Corner** serves lively Italian-inspired dishes perfect for a relaxed evening downtown.

PRIVATE TRANSFER COMPANIES

- Landsea Tours & Adventures
- Westcoast Sightseeing
- Evergreen Adventures
- A.E. Private Tours
- Luxury Transport
- Absolute Styling Limousine
- Griffin Transportation Services
- KJ Limousine Services
- Star Limousine
- Dominion Tours

Experience nature

Even if you don't have long to spend in Vancouver, there's still time to soak in its stunning natural setting before you depart. Your day begins after breakfast, when **Rockwood Adventures** will pick you (and your luggage) up for their **Rainforest River Canyons & Salmon Adventure**.

Walking among the millenia-old canopies that criss-cross the city's North Shore, your expert guide will help you discover the area's fascinating ecology.

A scenic snack

After working up an appetite on your morning hike, there's plenty of time to stop for a bite at the park's edge. Perched on the rocky granite outcrops that fringe the park, you'll experience a unique perspective of the city and the glistening waters of the Pacific Ocean.

From there, head to **Lower Lonsdale (LOLO)** on the North Shore for lunch, a lively waterfront hub with something for every taste. Grab quick bites and international flavours at **Lonsdale Quay Market**, enjoy pizzas and craft beers with a harbour view at **King Taps**, or settle in for Italian-inspired dishes at **Sempre Uno.**

One final adventure

After lunch you'll be dropped at the terminal, but there's still one more adventure before you depart. Start by storing your bags with **Westcoast Sightseeing**, then head down the **Canadian Trail** at **Canada Place**, where you'll take to the air, before you set sail on the seas.

Here amidst the iconic architectural sails you'll find **Flyover**, a 4D simulation that soars across the country, filling your senses with sights, sounds and smells from coast-to-coast. After the show, head downstairs to the cruise terminal to board your ship and wave farewell to Vancouver.

DID YOU KNOW?

- In 2009, the Canada Place **cruise ship terminal** became the first in Canada and third in the world to offer Shore Power for cruise ships, a technology that allows ships to shut off their engines and connect to the electricity grid, reducing emissions.
- The **Port of Metro Vancouver** has its Green Marine environmental certification, a voluntary program for North American industry recognizing participants who meet or exceed environmental best practices.
- The Port of Metro Vancouver participated in a region-wide emissions-reduction effort through the 2020 Northwest Ports Clean Air Strategy to reduce and ultimately eliminate seaport related emissions in the Georgia Basin-Puget Sound airshed.

You can do a lot in 48 hours

Place your logo here.

WHERE TO STAY

Spend some time exploring Vancouver by staying in one of the many hotels within walking distance from the cruise terminal.

1. Pan Pacific Vancouver
2. Fairmont Waterfront
3. Fairmont Pacific Rim
4. Days Inn Vancouver Downtown
5. Delta Vancouver Suites
6. Vancouver Marriott Pinnacle Downtown
7. Pinnacle Hotel Harbourfront
8. Hotel Le Soleil
9. The EXchange Hotel
10. The Metropolitan Hotel

ITINERARY ADD ONS

- Take a guided cycling tour of downtown on the Grand Tour with **Cycle City Tours**.
- Try out the **Whistler, Shannon Falls & Sea to Sky Gondola Tour** with **Landsea Tours & Adventures**.
- Get a photo of your cruise ship from the **Vancouver Lookout** tower just a 5 min walk from **Canada Place**.

VISIT VANCOUVER